✅ Who is Eligible?

As part of the phased roll out, Mounjaro (tirzepatide) will only initially be offered to adults meeting the following criteria:  
• Must have a BMI equal to or over 40  
• Must have 4 confirmed diagnoses of the following 5 health related problems  
o Type 2 Diabetes  
o Hypertension  
o Dyslipidaemia  
o Cardiovascular Disease  
o Obstructive sleep apnoea

Who should not take Mounjaro?  
o Anyone under the age of 18  
o Are pregnant or breast feeding  
o Personal or family history of medullary thyroid carcinoma (MTC)  
o Multiple endocrine neoplasia syndrome type 2 (MEN2)  
o Hypersensitivity to tirzepatide or any of its components

What You Need to Do:  
If you believe you meet the new criteria;  
• We must have a BMI noted on your records in the last 3 months, if we do not hold this information then please book an appointment to have your height, weight and BMI measured with the Health Care Assistant. If your BMI is 40 or over then you will be advised of next steps.  
• Do not stop any current medication without advice.

What if my BMI is below 40?  
• If your BMI is below 40 you will need to contact the surgery to discuss a potential referral onwards.